



Circle of Security Parenting Program

The Circle of Security Parenting program is based on decades of research about how parent-child relationships can be strengthened.

The training is aimed at helping you with:

- Understanding your child's emotions better by reading their emotional needs
- Navigating your child in managing their emotions
- Improving your child's self-confidence and development
- Empowering your innate wisdom and passion for your child, so they feel secure and loved.



Facilitators:
Mary Joyce (Parent Coach) and Calum Green (Case Worker)



To find out more, contact Inala Community House on (07) 3372 1711 or email reception@ich.org.au