

## MONDAY

### Line Dancing

Time: 9am-10:30am

Cost: **Gold Coin Donation**  
Rangi Ross Hall



### Women's Weaving Circle

Time: 10am- 12pm

Cost: **Gold Coin Donation**  
Wirraway Room



### Roaming Red

Time: 1pm-3pm

Cost: Free

Group-based mental health peer support encouraging wellbeing with Brooke Red  
Wirraway Room

### Family Fun

Time: 3:15pm-4:30pm

Cost: Free

After school fun and social activities for families with primary school kids (siblings welcome!)  
Rangi Ross Hall



## TUESDAY

### Tai Chi & Morning Tea

Time: 9:15am-10:30am

Cost: **Gold Coin Donation**  
Rangi Ross Hall



### Community Healing Group

Time: 9:30am-11:00am

Cost: Free

Community members supporting each other to build peaceful communities  
Wirraway Room  
10th Feb start

### Ukulele Group

Time: 11:00am-12:00pm

Cost: **Gold Coin Donation**  
Rangi Ross Hall

### Guitar Beginner Lessons

Time: 12pm-12:45pm

Cost: **Gold Coin Donation**  
Rangi Ross Hall



### Guitar Group

Time: 12:45pm-1:45pm

Cost: **Gold Coin Donation**  
**Guitars and Ukuleles available to use.**  
Rangi Ross Hall

## WEDNESDAY

### Playgroup with 54 Reasons

Time: 9:30am-11:30am

Cost: Free- **Call to register: 0438 190 509**  
Rangi Ross Hall



### English Conversations

Time: 11:30am-1:00pm

Cost: Free

Rangi Ross Hall



### Multicultural Australia SETS

Support for refugees and migrants to access services

Time: 10am-4pm | Cost: Free  
**Book appointment: Sandra (0403 237 163) or Juhi (0499 539 861)**

## THURSDAY

### Konga (previously named Hot Hula)

Time: 9:30am-10:30am

Cost: Free

Brisbane City Council  
Active & Healthy  
Rangi Ross Hall



### Wonderful Women's Group

Time: 11:00am-1:00pm

Cost: Free

Rangi Ross Hall

### Music Club @ The HUB

Time: 3pm-4pm

Cost: Free

Music therapy for primary school kids  
Rangi Ross Hall

### Multicultural Australia SETS

Support for refugees and migrants to access services

Time: 10am-4pm | Cost: Free  
**Book appointment: Sandra (0403 237 163) or Juhi (0499 539 861)**

## FRIDAY

### Community Yoga

Time: 8:30am-9:30am

Cost: **\$5. *BYO* Yoga mat & towel**

Rangi Ross Hall

6th Feb start

### Community Garden Group

Time: 9am-10:30am

Cost: Free



### Cultural Cooking Class (Monthly)

1<sup>st</sup> Friday of the Month,

Time: 9:30am-12:30pm

Cost: **Gold Coin Donation**  
Rangi Ross Hall

