

FIRST AID KIT - INVENTORY AND CHECKLIST

Suggested items and quantities based on 5 – 7 CHILDREN – please ensure you have sufficient items at all times.

Please indicate the items contained in your kit as required.

Highlighted items below are the basic recommended items for our service.

ITEM	QUANTITY	EXPIRY DATE	CHECK DATE	CHECK DATE	CHECK DATE	CHECK DATE	COMMENTS
Current First Aid book, including Cardio-Pulmonary Resuscitation (CPR) flow chart	1						
Notebook and pen/pencil	1						
Resuscitation face mask or face shield	1						
Disposable nitrile examination gloves (nitrile is latex-free rubber, suitable for people with latex allergies)	5 pairs						
Gauze pieces 7.5 x 7.5 (3 pack)	3 packs						
Saline (sodium chloride) (15 ml)	6						
Wound cleaning wipes (single 1% Cetrimide BP)	5						
Adhesive dressing strips (band aids) Pk. of 50	1						
Antiseptic liquid/spray (50 ml)	1						

ITEM	QUANTITY	EXPIRY DATE	CHECK DATE	CHECK DATE	CHECK DATE	CHECK DATE	COMMENTS
Non-adherent wound dressing/pad 5 x 5 (small)	3						

Non-adherent wound dressing/pad 7.5 x 10 (medium)	1						
Non-adherent wound dressing/pad 10 x 10 (large)	1						
Conforming cotton bandage 5 cm width	2						
Conforming cotton bandage 7.5 cm width	2						
Crepe bandage 10 cm	1						
Scissors	1						
Safety pins, packet of 6	1						
Non-stretch hypoallergenic adhesive tape 2.5 cm roll	1						
BPC wound dressing, No. 14 (medium)	1						
BPC wound dressing, No. 15 (large)	1						
Dressing – combine pad 9 x 20 cm	1						
Plastic bags— clip seal (to dispose of soiled items)	1						

ITEM	QTY	EXPIRY DATE	CHECK DATE/sign	CHECK DATE/sign	CHECK DATE/sign	CHECK DATE/sign	COMMENTS/Actions
Triangular bandage, calico or cotton minimum width 90 cm	1						
Emergency rescue blanket for shock or hypothermia	1						
Eye pad – sterile single use	3						
Instant ice pack for treatment of soft tissue injuries and some stings	1						
Emergency Numbers (000, Poison etc.)	1						
Optional: Adrenalin auto-injector (for emergencies)	1						
Optional: asthma-relieving inhaler (for emergencies)	1						
Snake bite kit	1						