

# Nappy Change



Nappy change time provides many opportunities for children and adults to deepen their relationships and engage in intentional learning. It's a time to talk, make eye contact and engage with the child.

\*Hand hygiene: wash your hands or use hand sanitiser

## Getting ready



- 1 Ensure all supplies including clean nappy, wipes, gloves, hands-free lidded bin and extra clothes (if needed) are close by
- 2 Complete hand hygiene\*
- 3 Put on disposable gloves
- 4 Place clean paper, such as paper towel, on the change table

## Changing



- 1 Remove the child's nappy  
**Dispose of any single-use items in the bin, and place non-disposable items (such as reusable nappy) in a plastic bag and sealed container.**
- 2 Clean the child's bottom  
**Dispose of the wipes and change table paper in the bin**
- 3 Remove gloves  
**Put the gloves in the bin**
- 5 Put on a clean nappy and dress the child
- 6 Take the child away from the change table
- 7 Ensure both you and the child complete hand hygiene\*
- ! **Do NOT step away from the child whilst on change mat. Educator MUST have contact with the child at all times**

## Cleaning after every nappy change



- 1 Clean the nappy change mat/table with detergent and water, using a paper towel
- 2 If body fluids have touched the change mat/table, wipe it with disinfectant
- 3 Wipe the mat dry with a paper towel and perform hand hygiene\*

## End of day cleaning



- 1 Put on utility gloves
- 2 Clean the mat with warm, soapy water
- 3 Disinfect the mat and allow it to dry for use the next day