



INALA
COMMUNITY HOUSE

Out Of
Home Care



Your Carers Newsletter

QFKC Training

Queensland Foster and Kinship care have a number of trainings running throughout the year. This is a great resource for carers to access so that you can keep up to date with changes in the Foster/Kinship care space in Qld, and continue to upskill. Please click the button below to find out more about the training that is offered through this fantastic organisation.



Queensland
Foster and
Kinship Care

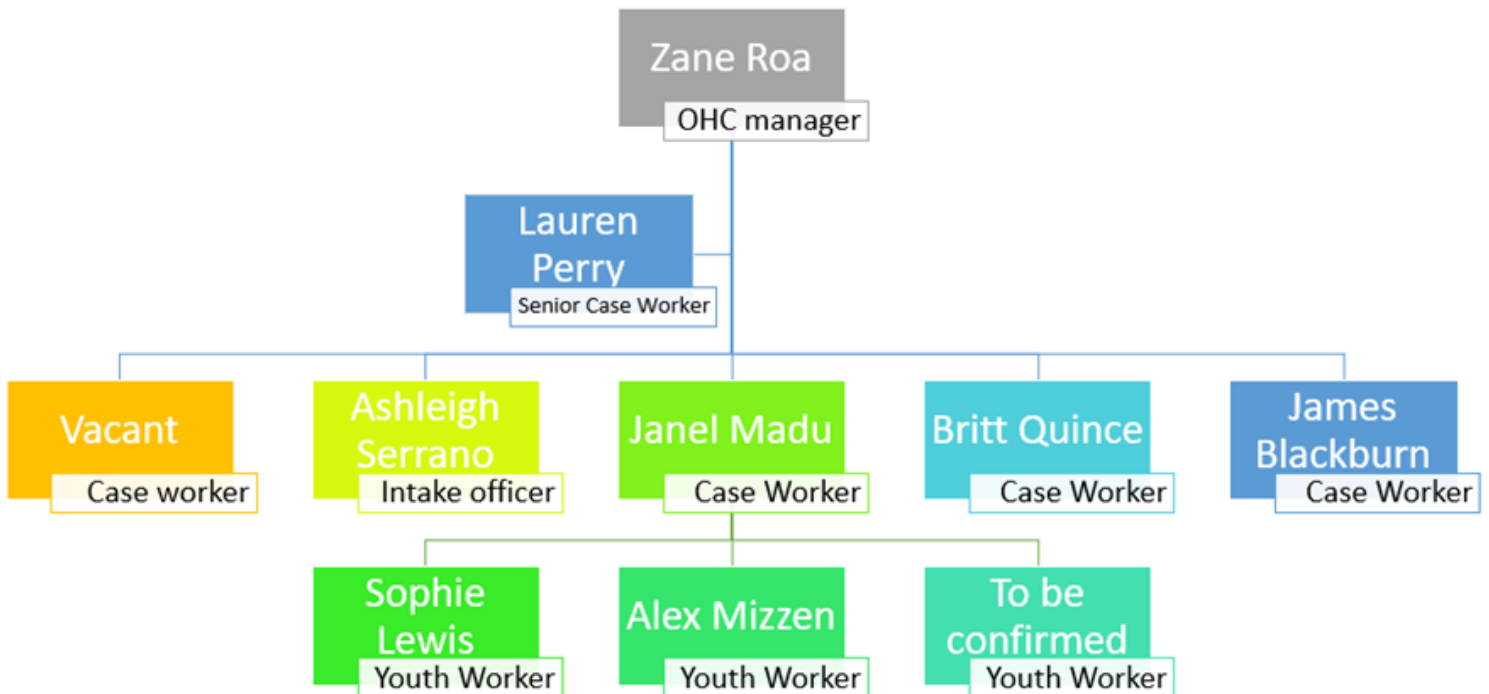
Represent • Advocate • Inform • Support • Excel



Team Update

There have been some changes within our team. Lee has left our organisation and we've appointed Lauren as our acting Senior Case Worker in the team.

We are also looking to add another youth worker to the team in the near future. We'll keep you updated about the changes.





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Team Updates: Meet Alex

Alex is passionate about mental health and in particular, caring for the mental health of young people. In 2023, Alex will graduate with a Bachelor of Psychological science, before postgraduate studies to become a registered clinical psychologist.

In the arts, Alex has worked with young people for over twenty years as a circus artist, teacher, director, and mentor. Nothing brings her more joy than watching young people grow, overcome obstacles, and move on to be fulfilled young adults in the world.

Alex is thrilled to be working at ICH as a youth worker where she can bring her knowledge and life experience to the young people in Out of Home Care.

Foster Carer Agreement

What is a Foster Care Agreement (FCA)?

A FCA is an agreement between carers, the department, and foster/kinship care agencies.

The FCA sets out the terms, conditions and responsibilities between the three parties. It also outlines any learning, developmental and support needs that you might have as a carer and how these might be met.

The FCA is reviewed at the time of assessment and at any time that the department initiates a review.



Feedback & Complaints

Our community of carers is so important and we want to ensure you have the opportunity to share any feedback or concerns you may have. You can give feedback in several ways.

- Call and speak to a member of our team on **(07) 3372 1711**
- Submit your feedback via email at reception@ich.org.au or complaints@ich.org.au
- Send through written feedback to PO BOX 4800, Forest Lake QLD 4078



Your Carer Newsletter

Carer Spotlight



Meet Michelle and Peter. Michelle and Peter are foster carers of 2 children and have 3 of their own.

Michelle and Peter knew there was a great need for foster carers and wanted to make a difference. This January they will be celebrating 10 years of being foster carers. What they love about being foster carers is that they enjoy having a big family, and love watching the children in their care thrive. Teaching their foster kids to swim is particularly rewarding as they see them build their confidence then move on to win races.

Thanks so much Michelle and Peter for your ongoing commitment to caring for children. We appreciate you so much!

Good News O'Clock



"Loving deeply while holding on loosely knowing that at any moment, you may have to let go"
Anonymous Foster Carer

Upcoming Training & Events

Thank you to those that were able to attend our First Aid programme. All reports highlight the training as informative, useful, and helpful.

In October we have negotiated for Evolve therapeutic Services to run a training on "Blocked Trust, blocked care."

We will look to invite other agencies to attend this training as well.

Blocked Trust, Blocked Care.

Presented by Karen Warmasley

Together we will explore how carers can remain open and engaged within the relationship, protect themselves or recover from Blocked Care, and continue to offer the young person the opportunity to experience being with a truly safe caregiver. We will explore how we can help the child develop trust in their carer, begin to trust other responsive adults, and thus remain open and accepting of their caregivers' direction and efforts to meet their emotional, practical, developmental and protective needs.

When

Wednesday 4th October 2024
9:30 am - Morning tea and mingle with other carers from our agency and other agencies.
10:00 - 11:30 am - Session about blocked trust/blocked care
11:30 am-12:00 pm - Lunch
12:00 pm-1:00 pm - Final session
1:00 pm - Questions and further discussions.

Where

38 Sitella Street
Inala 4077



RSVP via intake@ich.org.au or call the office on (07) 3372 1711 for more information