



INALA
COMMUNITY HOUSE

Out Of
Home Care



Your Carers Newsletter

Departmental Updates

Changes to Foster and Kinship allowances

The Department of Children, Youth Justice, and Multicultural Affairs is increasing all Foster and Kinship care allowances by 7.9%. This started on 1 January 2023.



Team Updates: Meet Zane

Tell us about your role:

I started social work in 2013, but started the role of OHC manager in October 2022. I love working at ICH because the work culture cultivates innovation, kindness, and care.

What do you wish people knew about your role?

It would be great if people understood the passion that the team have for helping children in care. I think there would be a lot of alignment between how carers and case workers feel about caring for children.

What helps you get through the tough days?

I have a supportive wife and a lovely family at home. I also play video games and love to take long walks with my dog, eat healthy (most times), and drink lots of water. I also have supportive work colleagues who I can speak to about challenges I'm experiencing at work.

What is something interesting about yourself?

I have 13 siblings of which I am number 6. I can also sing and play the guitar and piano. I love to make desserts and I have a black Labrador (Jaxon).



Useful Contacts

Please contact the following for support from ICH:

- Your Case Worker directly via mobile or email
- Our office: 3372 1711
- After hours support: 0411 649 463

Your Carer Newsletter

Carer Spotlight



Introducing Haina

This month we wanted to acknowledge our carer Haina. Haina has been a carer for three years. She loves to be there for the children's achievements, struggles, and tries to surround them with as much love and normality as possible. Haina is building structure in their lives and feels that the children "are the best things in this world".

Thanks Haina!

Feedback & Complaints



Our community of carers is so important and we want to ensure you have the opportunity to share any feedback or concerns you may have. You can give feedback in several ways.

- Call and speak to a member of our team on **(07) 3372 1711**
- Submit your feedback via email at reception@ich.org.au or complaints@ich.org.au
- Send through written feedback to PO BOX 4800, Forest Lake QLD 4078

What's going on at Inala Community House?

Below is our calendar of events so that you can keep updated with what's happening at ICH. [Calendar of Events](#)

Community Events



1. Set up a 'back to school' routine including a chart to help children know what to do
2. Casually talk about getting back to school with your children. This will help them get into the mindset of returning to school
3. Help create a sense of school belonging
4. Look out for signs of stress and be ready to respond positively
5. Encourage questions

Good News O'Clock



You were born with the ability to change someone else's life, don't ever waste it.