

# Food Relief & Low Cost Food



## **Citipointe Church – 3879 6833 – 152 Freeman Road, Durack**

Provide emergency relief food hampers for free, low-cost groceries and an op shop. No healthcare card required. Monday – Friday 9am - 4pm and Saturday 9am – 3pm.

## **Vietnamese Community in Australia - 3375 6036 - 2709 Ipswich Road, Darra**

Food vouchers available if in financial distress. Must have income statement, bank statement and ID. No healthcare card required. Tuesday – Thursday 9am – 5pm. Must call to schedule an appointment.

## **A4 Community Care – 0403 645 246 / Contact via Facebook page – 320 Ritchie Rd, Pallara**

Food parcel \$10 or more depending on location.

Tuesday – Thursday 10am - 4pm and Friday 10am – 2pm

## **Lighthouse Care – 3806 0639 - 17–19 Monte-Khoury Drive, Loganholme**

Trolley of food for \$25 and low-cost groceries available. No healthcare card required.

Monday – Friday 9am - 5pm and Saturday 9am - 12pm.

## **Lighthouse Care – 3800 8200 - 3/20 Central Court, Hillcrest**

Trolley of food for \$25 and low-cost groceries available. No healthcare card required.

Monday – Friday 9am - 5pm and Saturday 9am – 12pm.

## **Salvos Connect – 1300 371 288 / 07 3372 9111 – 83 Inala Avenue, Inala**

Emergency relief in the form of food parcels and food vouchers. Food, vouchers & financial assistance to be collected from the centre after the phone assessment is completed. Free breakfast on Sundays 9am – 10am. Monday and Wednesday 10am – 1pm, and Thursday 12pm – 3pm.

## **St Vincent De Paul – 1800 846 643 – 5 Lupin Street, Inala**

Free emergency food assistance if in financial distress. Assessment interview required – this is usually a home visit. Must provide Centrelink income statement / 3 payslips if working. Monday – Friday 9am - 5pm.

## **Anglican Church of Australia – 3372 1216 – 105 Poinsettia Street, Inala**

Provide free food and financial help. Required: Referral from Centrelink and income statement and bill/s on paper. Tuesdays 9am - 12pm.

## **A Touch of Compassion – Private message to 0423 594 838 or Facebook page – Carole Park**

Free emergency food parcels. No healthcare card required.

Message to discuss what support can be offered.

## **Life Church - 3719 3177 - 109 Golda Avenue, Salisbury**

Free emergency food parcels. Must call ahead to request assistance.

**Acacia Ridge Food Co-Op - 3277 4893 - 21 Hanify Street, Acacia Ridge**

Affordable groceries for the community. For low-income earners. Annual membership costs \$4.

Tuesday – Thursday 9am – 12noon

**Tribe of Judah – 3290 3610 – 101 Park Road, Slacks Creek**

Low-cost groceries available. No healthcare card required.

Monday – Friday 8am - 5.30pm, Saturday 7:30am - 5pm, and Sunday 8am - 4pm.

**Loaves & Fishes – 3808 5713 – 1/26 Monte Street, Slacks Creek**

\$40 food parcels (contains approx. \$250 worth of groceries). No healthcare card required.

Monday – Friday 8am - 3pm.

**ACRA Community Centre – 3290 3011 – 31 Station Road, Logan Central**

2 free emergency food parcels. \$5 and \$25 food parcel available.

Monday – Thursday 9am - 3.30pm and Friday 9am - 1.30pm.

**Hands of Hope – 3714 0315 – 204 Sherbrooke Road, Willawong**

Free food parcel to those experiencing hardship. Every Thursday 10am - 12pm.

Must provide proof of income/Centrelink statement.

**Open Hands Community Care Neighbourhood Marketplace – 3372 8632 – 318 Ritchie Rd, Pallara**

Tuesday, Thursday and Saturday 10am - 1pm. Wednesday and Friday 10am - 3pm.

Food hampers from \$10, \$2 bag fruit and vegetables, some free food (\$5 annual membership)

**Westside Community Care – 3818 2915 – 389 Old Logan Road, Springfield**

Monday-Wednesday and Friday (11am) bread giveaway + fruit and vegetables and other groceries.

Wednesday and Friday \$25 fee for food hampers. Bookings needed. Check our Facebook for stock.

**Belong – 3277 4893 – 21 Hanify St, Acacia Ridge. Facebook @belongcommunityau, [www.belong.org.au](http://www.belong.org.au)**

Monday-Thursday 9am-12pm; low cost food incl fruit, vegetables and meat (\$4 membership), free bread.

Emergency relief by appointment. Food hampers every 6 weeks (proof of Centrelink benefits needed).

**The Wesley Food Barn – 3161 2348 / 0431 535 828 – 174 Mortimer Road, Acacia Ridge**

Monday-Saturday 10am-12pm free produce and food. Saturday 7am-10am BBQ.

**Forest Lake Uniting Church, Community Life Centre – 3372 2299 / 0429 472 567 – 528 Waterford Road, Ellen Grove**

Op shop, food and fuel vouchers, free community pantry every Monday-Friday (9am-3pm) and

Saturday (9am-12pm). Forest Lake Uniting Welfare Co-ordinator; Thursdays (9am-3pm).

**Elorac Place Community Centre – 3151 6690 – 11a Southampton Road, Ellen Grove**

Monday; free computer, printer and phone. Tuesday; low cost food shed and grocery items (9:30am-

11:30am), free playgroup (9:30am-11:00am) and Salvation Army drop in (chat and coffee – 10am-12pm).

Wednesday; free yoga (10:30am-11:30am) and kid's club (3pm-4pm). Thursday; free Zumba (11:30am-

12:30pm).

**St Hugh's Anglican Church, Careforce – 3372 1216 – 105 Poinsettia Street, Inala**

Tuesday 9am-12pm; assistance with food and part payment of bills (utilities, rent and registration). Paper copies of Centrelink statement and bills preferred.